

# TURN IT AROUND

# TURN IT AROUND YOUTH GROUP SEPTEMBER NEWSLETTER



## This Month in Turn It Around:

Each month, *Turn It Around*, has an overall theme for our weekly meetings. For the month of September, we will be discussing what good nutrition looks like and why it's important. We will have a guest speaker, a nutritionist, come to explain the benefits of eating healthy who will also give the youth some tools and insight on how to choose healthier foods on a budget.

## Upcoming Events:

September is National Recovery Month and for the Charlestown Coalition and *Turn It Around* that means we have a lot of events we are hosting and going to. Please see the schedule below and contact Shannon Lundin if you have any questions regarding details of the Recovery Month Events, at (617)-320-9058 or [SMLundin@Partners.org](mailto:SMLundin@Partners.org)

## Recovery Resources:

An updated Massachusetts detox bed list is posted to The Charlestown Coalition's Facebook page on a daily basis (even on weekends). While the list does not guarantee placement, phone numbers for the various facilities are provided. Patients are advised to call before going to the facility.



### Sunday, September 9, 2018



*St. Mary's Recovery Mass*  
St. Mary - St. Catherine of Siena Parish  
55 Warren St. Charlestown, MA. at 6:00PM

### Tuesday, September 11, 2018

*Turn It Around 5th Annual BBQ*  
Kickoff to Recovery Month  
Charlestown High School Football Field 4:00PM-6:00PM



### Friday, September 14, 2018



*Gavin Foundation Comedy Show*  
IBEW 256 Freeport St. #1, Dorchester, MA.  
at 6:30PM-9:30PM \*Adult Only, 18+

### Monday, September 17, 2018

*MOAR Recovery Day*  
Walk to Boston Common for Rally & March  
to Faneuil Hall (Meet at Charlestown Boys & Girls Club at  
8:30AM for provided Breakfast)



### Wednesday, September 19, 2018



*RUNNIN' Documentary Viewing*  
Charlestown Knights of Columbus at 6:00PM

### Saturday, September 22, 2018

*10<sup>th</sup> Annual Charlestown Candlelight Vigil*  
Meet at Charlestown Peace Park to dedicate memory  
rocks at 6:00PM, Vigil begins at 7:00pm at Hayes Sq.



ISSUE: 9

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## Last Month in August:

For the month of August, we took it easy and enjoyed all that the summer had to offer. Including, an awesome field trip to 6 Flags New England!



## August's Youth of the Month:

Dylan is our August *Turn It Around* Youth of the Month. "Dylan is an upbeat, energetic person who brings a lot of life and laughs to the group. He's also very stylish!"



-Ginaya Greene Murray  
(Prevention Program  
Coordinator)

## Ways to get Involved:

Want to join in on the fun during one of our meetings or events? We'd love to have you! There are many opportunities for parents and guardians to get involved in *Turn It Around*. Whether you help cook, serve, clean or participate in the activities, all are invited and welcome. Please reach out to Ginaya for more information.

## Prefer Email?

To receive our Family & Friends Newsletter email instead of a paper copy, please contact Ginaya Greene Murray at [Ggreene-Murray@Partners.org](mailto:Ggreene-Murray@Partners.org) or call her directly at 617-726-6684

## Have Questions?

If you need assistance with your youth regarding school, job placement, risky behaviors, or anything else, please contact the Charlestown Coalition. We will be happy to help with any questions regarding you and your child.

## Find us online:

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