

# Family Support Circle FY'17 Report



The Family Support Circle assists Charlestown youth and families by connecting them to resources and supports in and around Charlestown. Services include: short term counseling, case management, and care coordination services to residents. The Clinician works closely with families to help them identify their strengths, needs, and goals to make changes in their lives. Families are linked to appropriate referrals, community services, and natural supports. Additionally, the program works with Charlestown health care providers to improve care coordination by taking a more holistic approach to family support and care.

The time frame of this report is October 1, 2016-September 30, 2017. It is important to note the Family Support Circle was closed August and September 2017.

## 47 Families & Individuals



were provided case management services

### Referral Source:

- Self-referrals (the highest)
- Adult Learning Center
- Department of Children and Family Services
- MGH Charlestown Clinic
- Charlestown Coalition
- Harvard Kennedy Elementary School
- Boston Emergency Service Team

## Concerns Addressed

### Top Concerns



Mental Health  
(most addressed concern)



Basic Needs



Education

### Other concerns included:

- Behavioral issues
- Legal support/involvement
- Substance use
- DCF involvement
- Extracurricular activities
- Financial
- Domestic violence
- Social support
- Access to healthcare

- Family conflict/resolving problems
- Insurance
- Crisis management
- Transportation
- Communication
- Probation/criminal court/child requiring assistance

## Interventions

### Top Interventions



Care Coordination



Emotional support/validation



Scheduled appointment

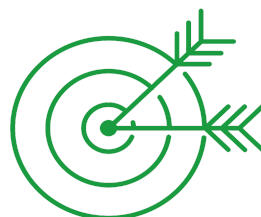
### Other interventions included:

- Counseling
- Paperwork assistance
- Referral placed
- Research resources/referrals
- Provided family with resources
- Provided psycho-education
- Accompanied family member to DTA, court or social service agency
- FSC team meeting

## Goals

# 75%

Of goals with a status update were completed



### Types of goals included:

- Mental health
- Basic needs
- Education
- Housing
- Resources
- Legal involvement
- Family
- Finances
- Health system navigation
- Psycho-social
- Social support
- Transportation