

Charlestown Coalition Work Plan – 2018/2019

Goal 1: Enhance the support and capacity for community clinicians and lay people to both prevent and respond to traumatic situations			
Objective 1: Increase capacity to respond to traumatic situations through education, training, and support			
Strategy 1: Trauma Response Group and community wide trainings			
Activity	Who is Responsible?	By when?	Collaborators
Group of 6 non-clinical residents/people who work with residents dealing with trauma in the community, in addition to 4 coalition staff members meet monthly (12 meetings total) with a clinical provider from the Health Center to offer support to one another and gain basic clinical skills to better deal with these situations and take care of themselves.	Ginaya Shannon Sarah Phenice	On-going	MGH Health Center Psychologists (Dr. Mondell, Dr. Solomon), BGCB, YMCA, MissionSAFE
Sponsor at least three trainings related to psychological and physical trauma response for trauma group participants and providers in Charlestown to attend.	Sarah Shannon Phenice Ginaya	On-going	MGH “Stop the Bleed” initiative, BPHC, ROCA, City of Boston Trauma Response initiative
Continue to explore funding opportunities to sustain and expand this work	Sarah	On-going	
Strategy 2: HUB, Family Support Circle			
Activity	Who is Responsible?	By when?	Collaborators
Each month, providers, clinicians, and social service representatives in the community will meet and follow the HUB model to discuss clients in a confidential manner. The goal of the Charlestown HUB (titled “Community Support Circle” is to build partnerships for investment in long term service delivery and, as such, create a more effective care plan for clients.	Phenice	On-going	Family Support Circle Task Force Agencies
Strategy 3: Non-clinical response to both prevent and respond overdose, suicide, homicide, etc.			

Activity	Who is Responsible?	By when?	Collaborators
Whenever overdoses (fatal or non fatal), suicide, or community violence occurs in the community, Shannon and a representative from the Trauma Response Team will formally offer support to the family and (if they allow it), visit their home within 24 hours to provide resources. May be joined by clinicians and/or clergy.	Shannon	On-going	St Catherine's Church Boston Police Department
Increase number of Narcan Trainings by 20% in Charlestown and educate residents on additional ways to access Narcan. Create more opportunities for Shannon to teach the trainings as to assist AHOPE's efforts.	Shannon	On-going	BPHC, MGH
Strategy 4: Create sustainable space in community for residents to grieve and remember loved ones			
Activity	Who is Responsible?	By when?	Collaborators
Create Peace Park at Mount Vernon Street Plaza to create a sanctuary in the community for residents to have a peaceful place to sit and remember their loved ones and celebrate their life. A Peace Walk for the community will be organized and the unveiling of the park will occur at the end of the walk – likely June.	Ginaya Sarah	June 2018	First Church Turn It Around Trauma Response Team Interested coalition members

Goal 2: Increase community dialogue about racial and socioeconomic inequities and race relations, in order to change perceptions of others and prevent racism and violence

Objective 1: Increase instances in which community members of different racial and/or residential backgrounds are discussing race relations in Charlestown and beyond in a safe manner 12 more times than it occurred last year.

Strategy 1: Facilitate such conversations among racially diverse adults in the community

Activity	Who is Responsible?	By when?	Collaborators
Discuss matters of racial relations, both as they come up and, as pre-planned conversation topic during all scheduled meetings	Sarah Phenice Shannon Ginaya	On-going	All Coalition Members

Phenice and Ginaya will complete training in Race Dialogue (Shannon and Sarah completed last year) to enhance the coalition's ability to have difficult conversations about race in Charlestown	Phenice Ginaya	By May 2018	Race Dialogue
Strategy 2: Facilitate such conversations among racially diverse youth in the community			
Activity	Who is Responsible?	By when?	Collaborators
Expand membership in Turn it Around. Facilitate strategic activities to help youth better understand one another and their differences	Ginaya	On-going	Guest speakers, interested coalition members
Organized youth driven events in community to educate others about youth experiences with race and oppression as it relates to their experiences in Charlestown	Ginaya Sarah	On-going	KoC Interested Coalition Members
Bring in CCHI's Diversity and Inclusion Expert to consult on a regular basis on these efforts	Sarah	On-Going	Christy Egan

Goal 3: Enhance protective factors among Charlestown youth (focusing on accessible extracurricular activities and positive relationships with adults)

Objective 1: Increase the involvement of Charlestown teenagers in extracurricular opportunities by 10% by next Community Assessment, 2019. Up from 37.25% overall to at least 41%

Strategy 1: Increase inclusive spaces for teens at local youth centers

Activity	Who is Responsible?	By when?	Collaborators
Apply suggestions obtained through last year's focus groups with youth on better understanding teens lack of engagement in teen center and ways to improve consistent membership	Sarah Ginaya Phenice Shannon	On-going	BGCB Teen Center Staff MGH evaluations Team
Have Teen Center leader attend weekly 02129 lunch group to build report with students and inform of resources available to them at the Teen Center to encourage and sustain membership	Shannon Sarah Phenice Ginaya	On-going	BGCB Teen Center Staff – Sharon Fidler CHS

Work with the YMCA staff to figure out ways to publicize and make the resources more financially and socially welcoming to youth of different races and economic levels. (15 free teen membership shots have been provided by YMCA for TIA kids who are engaged in positive community programming!)	Sarah Ginaya	On-going	YMCA Staff (Chris Ellison)
Assist with summer job connection for Charlestown Youth	Sarah Phenice Shannon Ginaya	Feb 2018- June 2018	BGCB YMCA Community Center Adult Education (jobs training program)
Strategy 2: Expose youth to a variety of pro-social activities through creating new initiatives for Charlestown teens to participate in			
Activity	Who is Responsible?	By when?	Collaborators
Provide exposure to pro-social activities through Turn It Around youth group workshops: Workshops include: Cooking, assistant teaching Life Skills, theater, poetry workshops, art workshops, SAT/ACT prep, nutrition, hygiene, social media, healthy relationships, substance use prevention, etc (See TIA Workplan)	Ginaya	On-going	First Church (Erik and Sarah Maloy), BGCB, Charlestown Working Theater, BPS, the Stove Factory, Society of Urban Poetry, MGH Charlestown, Newtown, National Guard,
Explore expanding youth resources by partnering with CCHI Youth Programming	Sarah	On-going	Christy Egan
Objective 2: Increase the percent of youth in Charlestown who say they have a positive adult figure outside of school from 85% by 10% (to 93.5%)			
Strategy 1: Continue to strengthen relationships between providers/adults and youth in the community			
Activity	Who is	By when?	Collaborator

	Responsible?		s
Utilize Turn it Around as a place to build such bonds and connect youth to other resources and adults as well	Sarah Ginaya Phenice Ginaya	On-going	Guest Speakers
Charlestown High School 02129 Lunches – bring in 20 providers over the 2016-2017 school year to educate resident students on resources and providers available to them in the community.	Phenice Ginaya	On-going	Monument Street Behavioral Health Services, BPS, National Guard, YMCA, BGCB, 76 Monument Street, New Health Charlestown, PIC Program,
Explore a formalized mentorship program within the community	Sarah	On-going	Any interested Coalition members
Strategy 2: Increase education and support services for parents and guardians and providers to increase their knowledge on current issues youth are managing and increase their capacity to support youth			
Activity	Who is Responsible?	By when?	Collaborators
Staff Family Support Circle Clinician, Phenice Zawatsky will aim to reduce familial/parental stress and barriers to services by connecting local parents to resources, education and providing one-on-one counseling. She also provides guidance and parenting education.	Phenice	On-going	The Kennedy Center, MGH, BGCB, Adult Education Center, Charlestown High School other community partners
Hold at least 5 separate Hidden in Plain Sight Workshops for a diverse range of local parents to teach about where youth may be hiding drugs and the importance of parental disapproval when preventing youth substance use	Shannon Ginaya	On-going	The Charlestown Mothers Association, BGCB, local schools, The Knights
Provide 4 parent education workshops throughout the year	Phenice Sarah	On-going	CMA, CHAD, SMART

			Choices, FSC, BGCB, YMCA, BPS
Share YRBS data with providers, parents and schools	Sarah Ginaya	On-going	MGH Evaluations Team
Objective 3: Increase youth skills to successfully manage stress and see a 10% reduction in percentage of Charlestown youth who feel sad or hopeless (23% to 20.7%).			
Strategy 1: Stress-reduction skills based curriculum/initiatives			
Activity	Who is Responsible?	By when?	Collaborators
Life Skills/Stay In Shape prevention curricula at the local public schools (Harvard Kent, Warren Prescott, Edwards, BGCB)	Ginaya	On-going	Life Skills/Stay in Shape Committee (Ming, Nea, Jonina, Marta, Anne) AG grant
Gavin Group at Charlestown High School. Co-facilitating a support group for youth who have had an issue with substance use in school. Will also work with the school to change the system by which they deal with substance use cases.	Sarah	On-going	BPS, the Gavin Foundation MGH Evaluations Team
Prevention Month at Edwards Middle School. Organizing a series of substance use prevention lesson plans and assemblies to de-stigmatize individuals who struggle with substance use disorders, and educate the youth. They will also be exposed to a photographic display that Turn it Around members created, which depicts healthy ways of dealing with stress.	Ginaya	Oct 2018	Edwards Middle School, Turn it Around
Activity tables will be displayed at events throughout the year with mindfulness and stress reduction activities taught and given to parents and families (Glitter jars, stress balls, bio-dots etc.)	Phenice	On-going	FSC, Adult Learning Center, Harvard Kent Health Fair, BHA unity weekend, BGCB 125 Anniversary,
Contribute to and collaborate with MGH's Community Psychiatry Strategic Plan	Sarah	On-going	MGH Community Psychiatry planning committee

Strategy 2: FSC Clinical Services			
Activity	Who is Responsible?	By when?	Collaborators
FSC role in the community—connecting residents to services and support. FSC seeks to reduce stress in families and individuals through these support services, and one-on-one case management and therapy.	Phenice	On-going	FSC Task Force

Goal 4: Improve communication and access to care between the Coalition and residents and community/city organizations and agencies			
Objective 1: Increase number of contacts on Constant Contact by 20% (Increase from 909 to 1090).			
Strategy 1: Utilizing social media			
Activity	Who is Responsible?	By when?	Collaborators
Post the automatic sign up link on Facebook at least once a week. Get the Turn it Around youth to share on their personal pages and share the Facebook page with their networks.	Ginaya Shannon	On-going	Interested coalition members who will share links, like pages, and promote work on social media
Expand Turn It Around Instagram account and increase followers from 265 to 400 followers. Publicize newsletter on instagram. Increase our Twitter following from 129 to 250.	Ginaya	On-going	Interested coalition members who will share links, like pages, and promote work on social media
Strategy 2: Community health workers navigation			
Activity	Who is Responsible?	By when?	Collaborators

Use Community Health Worker Model to connect residents in need of addiction or recovery services, addressing the barriers to accessing appropriate services and advocating for community change to address these Barriers	Shannon	Continued work	Overdose Prevention Task Force
Continue Coalition's role on the Charlestown Division of Boston Municipal Court's Drug Court specialty session and increase awareness of its existence through inviting medical professionals and others in the community to sessions and Quarterly Drug Court Celebrations	Shannon Sarah	On-going	Charlestown Division of Boston Municipal Court South Bay House of Corrections Nashua Street Jail
Strategy 3: Maintain and expand consistent communication via email and website development			
Activity	Who is Responsible?	By when?	Collaborators
Send 12 monthly Coalition newsletters via Constant Contact using best practices for communication (i.e. paying attention to when send, who send to, the layout and content)	Ginaya	On-going	
Continue to update Coalition Website	Ginaya	On-going	Winnie Tobin
Active participation in the development of a Community Wide Calendar and website and provide content to developers and regular updates for the community wide calendar of events	Sarah, Phenice, Ginaya	On-going	James Lister

Goal 5: Understand and address community issues related to the redevelopment of the Charlestown Boston Housing Authority			
Objective 1:			
Strategy 1: IAG participation			
Activity	Who is Responsible?	By when?	Collaborators
Sarah was selected and will attend regular Impact Advisory Group meetings to stay on top of current information and progress of development to better inform residents and providers	Sarah	On going	IAG members
Sarah will meet with residents and providers prior to each meeting to seek feedback and hold voice of concerned residents	Sarah	On-going	
Strategy 2: Address direct impact of re-development on current BHA residents (evictions, increased anxiety, education of processes)			

Strategy 2: FSC direct services and care coordination for residents impacted			
Activity	Who is Responsible?	By when?	Collaborators
FSC will provide direct service to residents impacted by the redevelopment process through assistance with housing needs and advocacy and connection to appropriate clinical supports	Phenice	On-going	FSC Task Force
Will provide workshops for residents to better understand the redevelopment process, their options, and support residents in making best decision for their families	Sarah, Phenice,	On-going	FSC Task Force,